



District 5010 Rotary Youth Exchange  
2023 Fall Orientation Agenda  
**Rotary Youth Exchange:**  
**“Create Hope in the World”**  
Road Trip & North Star Bible Camp  
Willow, Alaska USA



*11-13 August, 2023*

Friday, 11 August 2023	INBOUNDS (IB's)	YE VOLUNTEERS	REBOUNDS (RB's)
07:30a – 08:30a	Yoga/Stretching <i>Chapel</i>	Yoga/ Stretching (Opt) <i>Chapel</i>	
08:30a – 09:30a	Breakfast / Cabin Rearrangement (where required) <i>Cafeteria</i>		
09:30a -11:30a	<b>Pauline</b> <ul style="list-style-type: none"> <li>● Intro to B's</li> <li>● Be First</li> <li>● Be Curious</li> </ul> <i>Chapel</i>		
11:30a-12:30p	SA Training -	Arrival, unpacking, cabin assignments	Arrival, unpacking, cabin assignments
12:30p - 1:30p	Lunch - <i>Int'l Showcase Cafeteria</i> PDG/DGN Metiva's Welcome		
1:30p - 3:00p	<b>Pauline</b> <ul style="list-style-type: none"> <li>● Be on Purpose</li> <li>● Be Grateful</li> <li>● Be of Service</li> <li>● Be Here Now</li> </ul> <i>Chapel</i>	<b>Chris/Jamie-</b> <u>YE Volunteer TRAINING</u> Welcome/W2E SA Training Our Program <i>Craft Room</i>	<b>Dennis - Reintegration</b> <i>Susitna commons</i>
3:00p - 3:15p	<i>Break</i>	<i>Break</i>	<i>Break</i>
3:15p - 6:15p	<b>Be of Service</b> Camp Service Project	<u>YE Volunteer TRAINING</u> (cont'd) YEAH - What is it? Panel: 'IB Tips' Presentation: 'Monthly reports' <i>Craft Room</i>	<b>Dennis - Reintegration</b> <i>Susitna commons</i>
6:15p - 6:30p	<b>Clean up for dinner</b>		
6:30p – 7:30p	Dinner - <i>Int'l Showcase IB MC Cafeteria</i>		
7:30p – 9:00p	<b>Rotex Presentations:</b> -Tasha shares her thoughts -Winston - Why Gratitude Matters <i>Chapel</i>	<u>YE Volunteer TRAINING</u> (cont'd) More Program points (cont'd) Vetting - How its done! Open forum - Question Time SOI - RECRUITMENT!	<b>Dennis - Reintegration</b> <i>Susitna commons</i>
9:00p - 10:00p	Campfire w/ S'mores	<i>Craft Room</i>	
10:00p - 10:30p	Get ready for lights out 😊 <b>Journal time</b>	Get ready for lights out 😊	Get ready for lights out 😊
10:30p	Lights out 😊		

Saturday 12, August, 2023	INBOUNDS (IB's)	YE VOLUNTEERS	REBOUNDS
07:30a –08:30a	Yoga/Stretching <i>Chapel</i>	Yoga/Stretching (Opt) <i>Chapel</i>	Yoga/ Stretching <i>Chapel</i>
08:30a – 09:30a	Breakfast - Int'l Showcase <b>IB MC Cafeteria</b>		
09:30a – 10:15a	<b>Pauline</b> - Leaving a Legacy <i>Chapel</i>	<b>Pauline</b> - Leaving a Legacy <i>Chapel</i>	<b>Dennis</b> - Reverse Culture Shock <i>Susitna commons</i>
10:15a - 10:30a	Movement Break	Movement Break	Movement Break
10:30a - 12:00p	<b>Pauline</b> - Goals <i>Chapel</i>	<b>Pauline</b> - Goals <i>Chapel</i>	<b>Dennis</b> - How I have changed <i>Susitna commons</i>
12:00a - 12:30p	<b>Movement Activity!</b>	<b>YE Volunteer Topics</b> - Recruitment <i>Discussion of challenges, success, tips</i> Host Families <i>"How to find Unicorns"</i> <i>Craft Room</i>	<b>Dennis</b> - How I have changed <i>Susitna commons</i>
12:30p - 1:30p	Lunch - Int'l Showcase <b>IB MC Cafeteria</b>		
1:30p - 2:45p	<b>Pauline</b> - Exchange Tree - <i>Chapel</i>	<b>Boyd/Dave</b> - <u><a href="#">YE Volunteer topics</a></u> - YEAH Program <i>Craft Room</i>	<b>Dennis</b> - How I have Changed (continued) Work on essays <i>Susitna commons</i>
2:45p - 4:45p	Canoeing with a purpose! <i>At the Lake</i>	<b>Chris</b> - Panel Discussion YEOs and Rebounds - reflections/ program improvements <i>Cafeteria</i>	
4:45p - 5:00p	Break		
5:00p - 5:30p	Thanking your welcome family <b>Jamie/Chris</b>  <i>Be Grateful Chapel</i>	<b>YE Volunteer topics</b> - ( <i>cont'd</i> ) <b>**DEADLINES**</b> <i>Craft Room</i>	<b>Dennis</b> - Continue with essays <i>Susitna commons</i>
5:30p - 6:30p	<b>Movement Activity!</b>	<b>YE Volunteer Topics</b> - ( <i>cont'd</i> ) Recruitment & Host Families <i>Craft Room</i>	
6:30p - 7:30p	Dinner - Int'l Showcase <b>IB MC Cafeteria</b>		
7:30p - 8:30p	Photos/Exchange Cards - Wear Blazers!	<b>Free Time</b>	Photos/Exchange Cards - Wear Blazers!
8:30p- 10:00p	Bonfire: RB/IB Q&A: Life as an Exchange Student - S'mores	<b>7:30p - 9:00p</b> <b>Jamie/Chris</b> OB/IB Preparation YE Volunteer T&Ts <i>Chapel</i>	Bonfire: RB/IB Q&A Life as an Exchange Student - S'mores
10:00p - 10:30p	Get ready for lights out 😊 <b>Journal time</b>	Get ready for lights out 😊	Get ready for lights out 😊
10:30p	Lights out 😊		

<b>Sunday, 13 August, 2023</b>	<b>INBOUNDS (IB's)</b>	<b>YE VOLUNTEERS</b>	<b>REBOUNDS (RB's)</b>
<b>06:45 - 07:45a</b>	Yoga/Stretching <i>Chapel</i>	Yoga/Stretching (Opt) <i>Chapel</i>	Yoga/ Stretching <i>Chapel</i>
<b>08:30a - 08:45a</b>	Breakfast <i>Cafeteria</i>	Breakfast - SIT w/ REBOUNDS <i>Cafeteria</i>	Breakfast SIT w/YEO'S <i>Cafeteria</i>
<b>08:45a - 09:30a</b>	Pack, Clean Cabins, Store bags		
<b>09:30a - 10:30a</b>	Fun Morning Activities! - <b>Student / YE Volunteers</b>		<b>Dennis</b> - Finish essays <i>Susitna commons</i>
<b>10:30a - 11:30a</b>			<b>Dennis</b> - Finish essays <i>Susitna commons</i>
<b>11:30a - 12:00p</b>			<b>Dennis</b> - Letters to Parents <i>Susitna commons</i>
<b>12:00p - 1:00p</b>	<b>RB's</b> presentation of " <i>How I have changed essays</i> " <i>Chapel</i>		
<b>1:00p - 1:45p</b>	Lunch <i>Cafeteria</i>		
<b>1:45p - 2:00p</b>	Load/Board Buses		
<b>2:00p</b>	Depart for Airport		